

BREAKFAST

RESTAURANT ROYAL LANCASTER LONDON

À LA CARTE

Dishes prepared for you by our chefs

MEAT AND SEAFOOD SELECTION £16

Parma ham, salami, roast ham, smoked salmon, smoked mackerel 416 kcal

CHEESE SELECTION £14

Brie, Cheddar, Gouda, Kidderton Ash Goats cheese 1006 kcal

FRESH FRUIT SALAD £9

With seasonal mixed berries 30 kcal

BERRIES £10

Strawberry, blueberry, blackberry, raspberry 27 kcal

CONTINENTAL BASKET £12

Danish, croissants, muffins, toast and a fruit yoghurt pot 751 kcal

FULL ENGLISH £18

Beans, bacon, sausage, eggs, tomato, hash brown, Portobello mushroom 750 kcal

SHAKSHOUKA £10

Baked eggs, tomato, onion, Arabic spices 350 kcal

GRILLED BACON & CUMBERLAND SAUSAGE £12

Served in a Brioche bun with tomato relish with fried egg 1092 kcal

VEGAN ENGLISH £17

Beans, scrambled tofu, hash brown, tomato, Portobello, tofu bacon, veg sausage 488 kcal

EGGS BENEDICT, FLORENTINE OR ROYAL £15

English muffin, soft poached egg, hollandaise; smoked ham 822 kcal or spinach 606 kcal or smoked salmon 889 kcal

EGGS AND AVOCADO TOAST £16

Sourdough bread, crushed avocado, soft poached egg, wilted spinach 675 kcal

OMELETTE £14

Three eggs with choice of ham, mushrooms, spinach, onion, cheese, tomato, peppers, chilli approx. 300 kcal

HEALTHY HEARTY BREAKFAST BOWL £18

Hens poached eggs, mixed salad, quinoa, sliced avocado, heirloom tomatoes and pomegranates 520 kcal | vegan option available 370 kcal

BRIOCHE FRENCH TOAST £12

Your choice of vanilla cream or caramelised bananas 530 kcal

PANCAKES OR WAFFLES £12

Seasonal berries & maple syrup 243 kcal

ROLLED OAT PORRIDGE £8

Honey, fresh berries 368 kcal

SELECTION OF CEREALS £4

 $Cornflakes,\ We etabix,\ Alpen,\ Special\ K,\ All\ Bran,\ Frosties\ \textit{see packaging for calorie information}$

FRESH FRUIT JUICE £4

Freshly squeezed orange, apple or pink grapefruit juice 224, 92, 78 kcal

INDULGENCE £13

Bellini Bloody Mary Kir Royale Mimosa / Buck's Fizz

(Alcohol only served with a meal & 18 years of age & over)

COFFEE

Espresso
Double Espresso
Americano
Macchiato
Café Latte
Cappuccino
Flat White
Mocha
Filter Coffee
Hot Chocolate

Decaffeinated options available

TEA

English Breakfast Earl Grey Green Mint Very Berry Chamomile Lemon & Ginger

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